

*your personal
self-scoring*
TEMPERAMENT



TEST

designed by

Dr. Tim LaHaye

author, educator, minister

*Prepared especially for the friends,
supporters and viewers of
"LAHAYES ON FAMILY LIFE"*

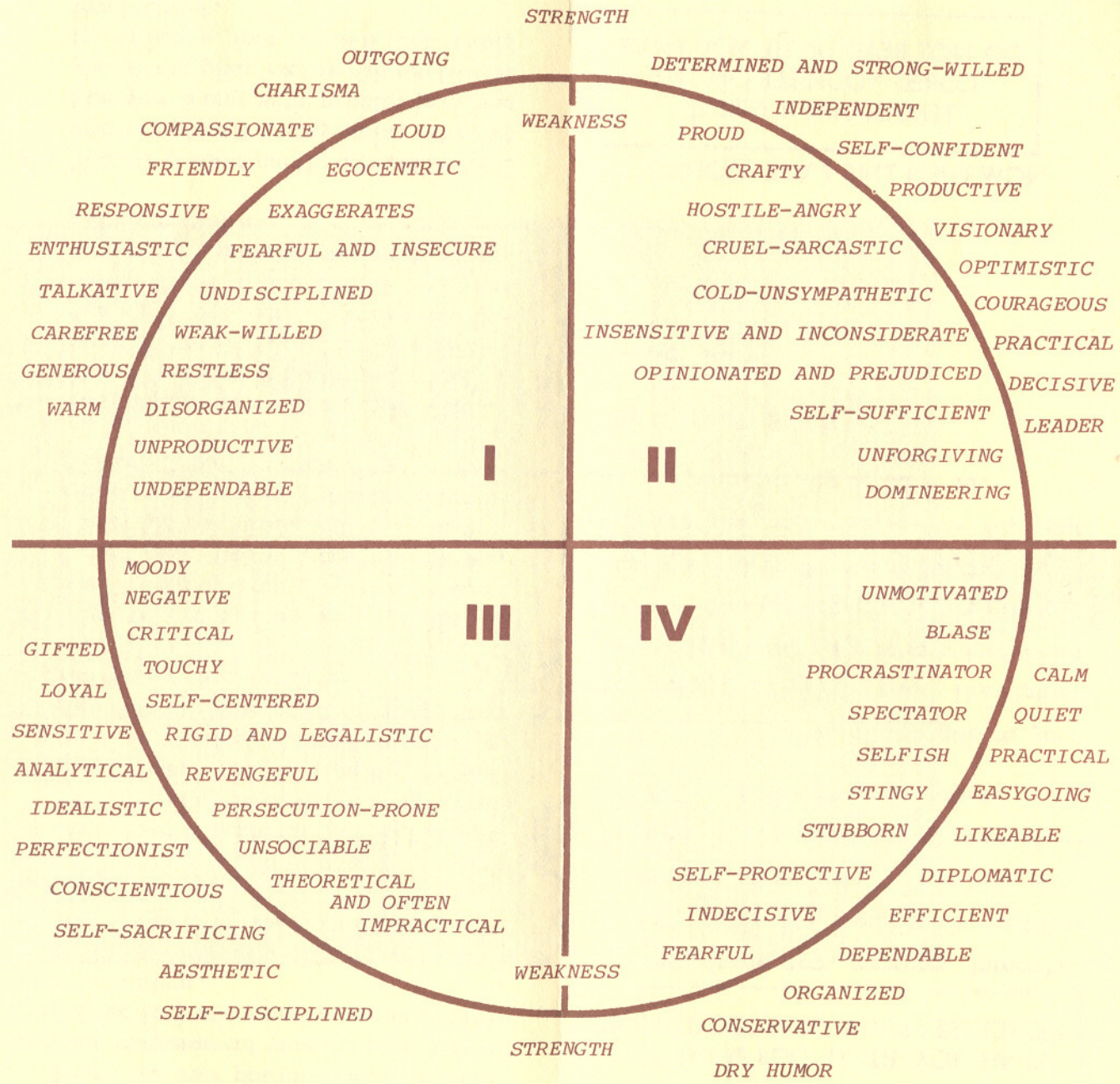
The theory of the four temperaments is the oldest and best theory of human behavior yet devised.

Very few people are 100% one temperament. Most are a combination of at least two, a predominant temperament and a secondary, but some have three (two secondaries).

The chart at the right contains ten strengths and ten weaknesses for each of the four temperaments. As objectively as you can, score yourself 0 - 10 after each strength and each weakness (0 being least like you - 10 being most like you).

Everyone has weaknesses as well as strengths -- please be as objective with your weaknesses as you are with your strengths.

DO NOT READ the "How to Score Your Test" section on the back page until you have scored all 80 strengths and weaknesses and don't add your totals until after you have finished scoring yourself.



Reprint by permission only
 Family Life Seminars
 Box 1299, El Cajon, CA 92001

INTERPRETING YOUR SCORE . . .

There are four possibilities for a predominant temperament (one for each Roman numeral section) and usually twelve potential combinations.

For example, if you scored highest in SECTION . . .

- I. You are predominantly a SANGUINE who is very extrovertish, warm and personable. You love people, would be good at sales, but need to work on self-discipline to follow through and finish what you start.
- II. You are predominantly a CHOLERIC who is active, forceful, goal-oriented, industrious, decisive and have strong leadership tendencies. But you are also prone to be hostile, sarcastic, insensitive and sometimes cruel.
- III. You are predominantly a MELANCHOLY who is usually gifted academically, creative, artistic, musical and sensitive, but are easily depressed, discouraged and disillusioned. You need to develop a grateful spirit and accept people as they are.
- IV. You are predominantly a PHLEGMATIC who is a pleasant, easy-going introvert that gets along with people, provided you do not give into selfish tendencies to withdraw into a shell and avoid involvement.

HOW TO SCORE YOUR TEST . . .

NOT TO BE READ UNTIL YOU HAVE FINISHED SCORING YOUR TEST CIRCLE

This simple test measures intensity; for that reason you should omit anything you scored "6" or below. Starting with "7's" and up, add each section separately-- (I - IV) by strengths and weaknesses.

Then add your total strengths to your weaknesses and divide by two. The highest you could get for any temperament would be "100" -- (though that is highly unlikely). Your primary temperament will usually be (if you have been objective), 40 - 70, your secondary will usually be 20 - 50.

NOW TURN THE PAGE



NOW TURN THIS PAGE AROUND . . .

DO NOT READ UNTIL YOU HAVE SCORED YOURSELF ON THE TEMPERAMENT CIRCLE